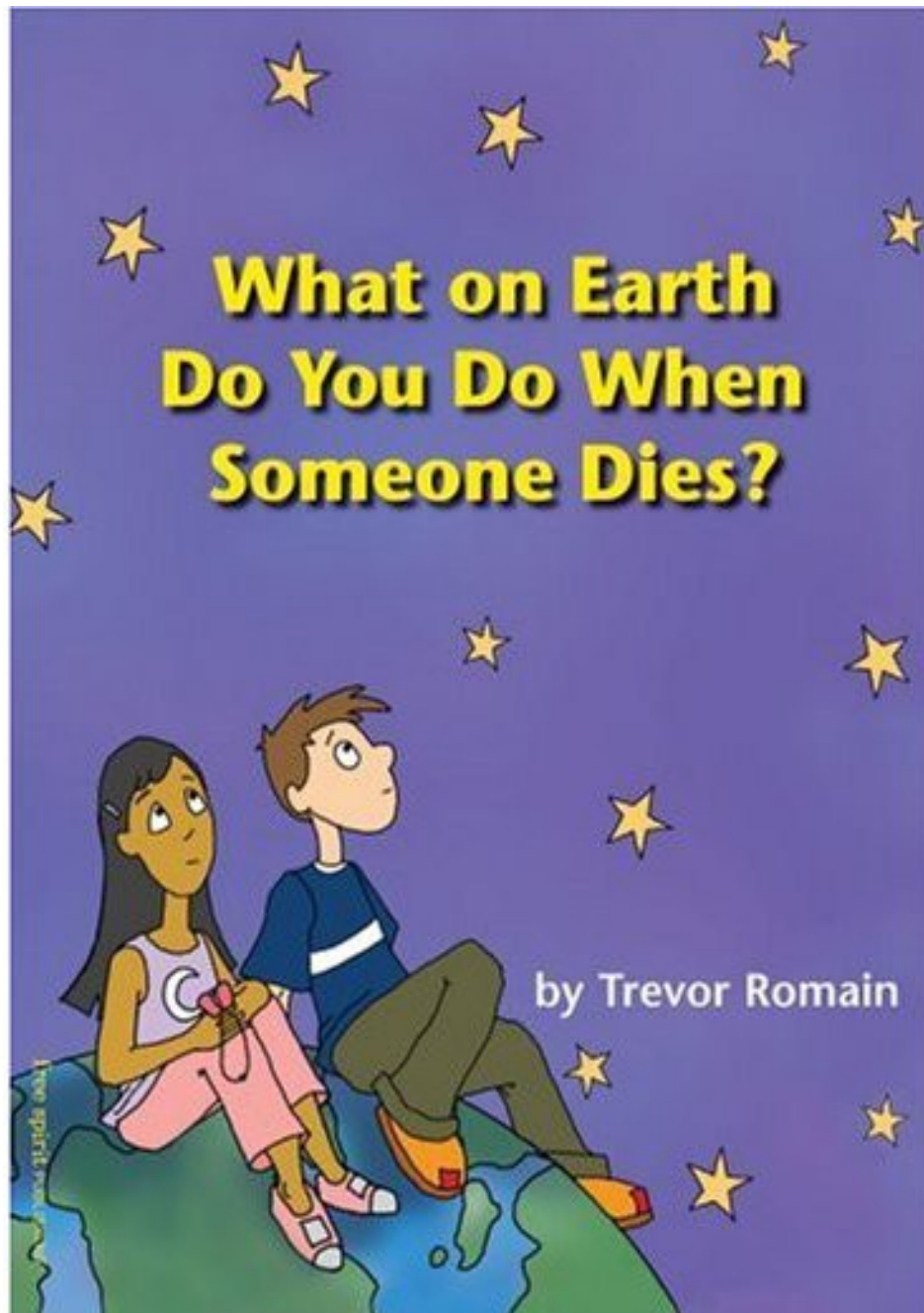


Bereavement Resources: A First Steps Guide



north east
Religious Resources
your religious learning resources centre



This booklet is designed as a starter guide, to make you aware of some of the resources available to help those suffering with bereavement and those who are supporting them. There are many more resources available - for updates on new resources, please search our [online catalogue](#).



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Key:

In the *Location* field: D – our Durham site ; N – our Newcastle site

In the *Class Mark* field: (C) – indicates that the item is part of the children's stock, which is kept separate from the rest of the stock.

Death of a Mother

Author; Title	Description	Location	Class Mark
Copeland; Mama's Going to Heaven Soon	Children's story book, covering parents with terminal illness	D	248.81 (C)
Merrington; Remembering Mum	Children's fiction	N	248.81 (C)
Merrington; The Hideaway	Children's fiction	N & D	248.81 (C)
Weitzman; Let's talk about when a parent dies	Children's non-fiction, explains what a child might feel	N & D	248.81 (C)

Death of a Father

Author; Title	Description	Location	Classmark
Latimer; Why Did My Daddy Die?	Picture book, explains the death of a father from a blood disorder	D	248.81 (C)
Tiffault; A Quilt for Elizabeth	Children's story book	D	248.81 (C)
Merrington; Alice's Dad	Children's fiction	N & D	248.81 (C)
Weitzman; Let's talk about when a parent dies	Children's non-fiction, explains what a child might feel	N & D	248.81 (C)

Death of a Sister

Author; Title	Description	Location	Classmark
Farrant; Sibling Bereavement: Helping Children Cope with Loss	Explores the emotional effect losing a sibling has on children and the effects on the whole family	N	248.81
Fitzgerald; The tale of two dolphins (When my sister died suddenly)	Picture book	N	248.81 (C)
Jefferies; Rosie	Children's picture book	N	248.81 (C)
Riches; An Intimate Loneliness: Supporting bereaved parents and siblings	Explores the impact of bereavement on family members and families and ways of supporting them	N	248.81
Woodward; The lone twin: understanding twin bereavement and loss	Study of bereaved twins, detailing the effects the loss of a twin can have at birth, in childhood and adulthood with accounts by bereaved twins	N	248.8

Death of a Brother

Author; Title	Description	Location	Classmark
Kelly; The Thing With Finn	Children's fiction, tells the story of a twin dealing with the loss of his brother	D	248.81 (C)
Farrant; An Intimate Loneliness: Supporting bereaved parents and siblings	Explores the impact of bereavement on family members and families and ways of supporting them	N	248.81

Death of a Brother

Author; Title	Description	Location	Classmark
Farrant; Sibling Bereavement: Helping Children Cope with Loss	Explores the emotional effect losing a sibling has on children and the effects on the whole family	N	248.81
Perkins; Remembering my Brother	Children's non-fiction	N	248.81 (C)
Woodward; The lone twin: understanding twin bereavement and loss accounts by bereaved twins	Study of bereaved twins, detailing the effects the loss of a twin can have at birth, in childhood and adulthood with	N	248.8

Death of a Grandmother

Author; Title	Description	Location	Classmark
Geraghty; The Wonderful Journey	Children's story book	D	248.81 (C)
Madler; Why did Grandma Die?	Children's story book	D	248.81 (C)
Boelts; Sarah's Grandma Goes to Heaven	Picture book	N	248.81 (C)
Kezzeiz; Grandma's Garden	Children's fiction	N	248.81 (C)
Harding; Remembering Gran	Picture book	N & D	248.81 (C)

Death of a Grandfather

Author; Title	Description	Location	Classmark
Cooke; The Grandad Tree	Picture book	N	248.81 (C)
House; Where did Grandad Go?	Picture book	N	248.81 (C)
Santucci; Anna's Corn	Picture book	N	248.81 (C)

Death of a Grandfather

Author; Title	Description	Location	Classmark
Isherwood; My Grandad	Picture book	N & D	248.81 (C)

Death After an Illness

Author; Title	Description	Location	Classmark
Nystrom; Emma says Goodbye	Children's fiction (death of aunt)	D	248.81 (C)
Mama's Going to Heaven Soon	Children's story book, covering parents with terminal illness	D	248.81 (C)
Boelts; Sarah's Grandma Goes to Heaven	Picture book	N	248.81 (C)
Jefferies; Rosie	Children's picture book	N	248.81 (C)
Merrington; Alice's Dad	Children's fiction	N & D	248.81 (C)

Suicide

Author; Title	Description	Location	Classmark
McCarthy; A Voice for Those Bereaved by Suicide	Explains a woman's experiences when her husband commits suicide and advice to family / friends of those bereaved by suicide	D	248.8
Rae; Self-Harm and Suicide	A professional development file for teachers and school workers. Includes 2 CDs	D	248.81
Downey; Dear Stephen..	Woman's letter to her son expressing her feelings about his suicide	N	248.8

Suicide

Author; Title	Description	Location	Classmark
Wertheimer; A Special Scar: The experiences of people bereaved by suicide	Gives practical help and information for those affected by suicide	N	248.8

Story Books About Death

Author; Title	Description	Location	Classmark
Mallins; When Caterpillars Fly	Poems and verses written for those affected by the terminal illness or death of a child	D	248.81
Halliday; The Lonely Tree	Picture book	N	248.81 (C)
Puttock; A Story for Hippo	Picture book	N	248.81 (C)
Rosen; Michael Rosen's Sad Book	Non-fiction picture book	N	248.81 (C)
Smith; The Day great-grandma moved house	Children's fiction -explains death and bereavement to young children	N	248.81 (C)
Hanson; The Next Place	Picture book	N	248.81 (C)
Francis; Autumn: Betsy Bear Learns About Death	Picture book	N & D	248.81 (C)
Gerstein; The Mountains of Tibet	Picture book	N & D	248.81 (C)
Joslin; The Goodbye Boat	Picture book	N & D	248.81 (C)
Rock; When Goodbye is Forever	Picture book	N & D	248.81 (C)
Thomas; I Miss You: A First Look at Death	Picture book	N & D	248.81 (C)
Varley; Badger's Parting Gifts	Picture book (death of a friend)	N & D	248.81 (C)
Waddell; Grandma's Bill	Picture book	N & D	248.81 (C)

Talking to Children About Death

Author; Title	Description	Location	Classmark
Green; Dealing With Bereavement: A Curriculum Pack for Youth Workers	Advice for youth workers and activity packs to use with groups exploring the theme of bereavement	D	248.81
Brown; When Dinosaurs Die: A Guide to Understanding Death	Non-fiction picture book	N	248.81 (C)
Bryant-Mole; What Do We Think about Death?	Non-fiction explaining life and death	N	248.81 (C)
Fishpool; Bald Statements: Exploring Loss, grief and change	Picture pack and activities	N	248.8
Hibbert; Matters of Life and Death	A handbook of information and ideas for schools, parents and children about bereavement and loss: how might a school respond to the death of a child and advice on working in a class with a bereaved pupil	N	248.81
Loss, Death and Grief (Durham Diocesan Board of Education)	Curriculum materials	N	248.81
Murphy; Death	Non-fiction covering why people die, how people feel and how they can cope with grief	N	248.81
Sanders; Talking about death and dying	Non-fiction, question and answer book	N	248.81 (C)

Talking to Children About Death

Author; Title	Description	Location	Classmark
Turner; Talking with Children and Young People about Death and Dying:	Workbook to help adults communicate with children about death and dying	N	248.81
Hughes; Will my Rabbit go to Heaven?	Non-fiction, gives answers to questions children might have	N	248.81
Stickney; Water Bugs and Dragonflies -Explaining Death to Children	Children's fiction	N	248.81 (C)
Boritzer; What is Death?	Picture book	N & D	248.81 (C)
Dainty; Mudge, Gill and Steve	Children's fiction	N & D	248.81 (C)
Levete; Talking to my Gran about Dying	Fiction asking questions about death to stimulate debate	N & D	248.81
Mellonie; Beginnings and Endings with Lifetimes in Between	Picture book to explain life and death to children	N & D	248.81 (C)

Practical Activities

Author; Title	Description	Location	Classmark
Stokes; Out of the Blue: Making Memories Last When Someone Has Died	Suggests activities for teenagers and children to help them express grief and remember those who died	D	248.81

Practical Activities

Author; Title	Description	Location	Classmark
Harvey; A resource bank on loss and grief	Has activities to increase young people's understanding and awareness about loss and grief	N	248.8
Crossley; Muddles, Puddles and Sunshine: Your Activity book to help when someone has died	Has activities and tasks for a bereaved child to help with their grief	N & D	248.81 (C)
Harper; Grandma's Party	Children's fiction with activities to help children be part of the grieving process	N & D	248.81
Leutner; Remembering...	Book for child to write and draw about their loss	N & D	248.81 (C)

Books for Children About Death

Author; Title	Description	Location	Classmark
Heegaard; When Someone Very Special Dies	Workbook for children to work through to help them learn to cope with grief	D	248.81
Finding a Way through when someone close has died: a workbook	Workbook with activities and ideas to help with the grieving process	N	248.81
Mundy; Sad isn't Bad: A Good-grief guidebook for kids dealing with loss	Non-fiction, explains to children how they might feel and what might help	N & D	248.81 (C)
Romain; What on Earth do you do when someone dies?	Non-fiction, gives answers to questions children might have	N & D	248.81 (C)

Books for Teachers on Bereavement

Author; Title	Description	Location	Classmark
Blackburn Diocesan Board of Education; Death, Grief and Eternal Life	Curriculum pack for c of e schools	D	248.81
Duffy; The Bereaved Child: A Guide for Teachers and Leaders	Explains children's perceptions of death and the needs of different age groups	D	248.81
Fox; Good Grief: Helping Groups of Children When a Friend Dies	To help adults cope and help children to cope with bereavement. Covers the death of a teacher, a friend and a school bus tragedy	D	248.81
Gatliffe; Death in the Classroom	Covers a possible curriculum for covering 'death education', includes religious and non-religious beliefs	D	248.81
Holland; Coping With Bereavement: A handbook for teachers	To help teachers and school staff to be better prepared to support bereaved children and to help prepare all children for bereavements of the future	D	248.81
Job; Childhood Bereavement: Developing the Curriculum and Pastoral Support	Resource for teachers and school workers to help them address death and bereavement in the curriculum and pastoral care	D	248.81

Books for Teachers on Bereavement

Author; Title	Description	Location	Classmark
Steffes; When Someone Dies: How schools can help bereaved students	Advice for teachers and school staff to help students coping with grief. Also covers how teachers should respond when a student or staff member dies	D	248.81
Ward; Good Grief: Loss and Death	For teachers and students. Includes photocopiable worksheets and activities for use in the classroom	D	248.81
Weymont; Supporting Young People Coping With Grief, Loss and Death	For teachers and school workers to use in pshe and citizenship. Includes cd rom, photocopiable activities and leader's notes	D	248.81
Brown; Loss, Change and Grief: An Educational Perspective	Explores loss in children's lives including family bereavement, dying children and how to help, ways to teach about loss and managing a critical incident in a school	N	248.81

Books for Teachers on Bereavement

Author; Title	Description	Location	Classmark
Child Bereavement Charity; When a Child Grieves DVD	Examines the experiences and needs of bereaved children and their families to help people respond to the varied needs of grieving families and introduce the subject of death into a classroom	N	248.81
Duffy; The Bereaved Child: A guide for teachers and leaders	Covers children's reactions to death, the stages of grief and the needs of bereaved children	N	248.81
Goldman; Life and Loss: A guide to help grieving children	Informative guide to help understand childhood grief with activities to help children communicate their loss	N	248.81
Hibbert; Matters of Life and Death	Handbook of information and ideas for schools, parents and children about bereavement and loss: information for children about how they might feel and what might help	N	248.81
Jackson; A Teacher's Handbook of Death	Gives information to use to talk to children in the classroom about death; has a chapter on children's grief	N	248.81

Books for Teachers on Bereavement

Author; Title	Description	Location	Classmark
Mallon; Helping Children to Manage Loss	Explores the impact of death and suicide, recognising how children communicate distress, approaches and strategies to help; has chapters on death and schools	N	248.81
Plant; Loss and Change: Resources for Use in a Personal and Social Education Programme	Activities and resources on loss and change; how to deal with the loss of a child in a school and bereaved children in school	N	248.81
Smith; Interventions with Bereaved Children	Resource guide considering various ways of supporting children and families through their loss	N	248.81
Smith; The Forgotten Mourners: Guidelines for working with Bereaved Children	Covers how children grieve and what they need to help them	N	248.81
Stokes; Then, Now and Always - Supporting children as they journey through grief: a guide for practitioners	A guide for child bereavement services to support children, their families and communities; has a chapter on suicide and death affecting a school	N	248.81

Books for Teachers on Bereavement

Author; Title	Description	Location	Classmark
Ward; Good Grief: Exploring Feelings, Loss and Death with Under 11's	Ways to teach about death; information on responding when a child in school has died and helping bereaved children and parents	N	248.81
Chapman; Saying Goodbye to Greg	Bereavement training resource in story form for primary school teachers in the event of a death affecting the school	N & D	248.81
Duffy; Children and Bereavement	Explores the needs of bereaved children of different ages, their reactions to death and stages of grief covering death of family members, friends, pets, sudden death, terminal illness and suicide	N & D	248.81
Haigh; The Sensitive Issues Assembly File	Assemblies to use in primary schools following a death	N & D	264.3
Ward; Good grief: exploring feelings, loss and death with over eleven's and adults	Covers explaining and teaching about death and suicide, helping bereaved children and parents, death in a school; contains activities	N & D	248.8

Books for Teachers on Bereavement

Author; Title	Description	Location	Classmark
WynneJones; Children, Death and Bereavement	Examines how children understand death and spirituality, how children mourn, and how to explain to them about death	N & D	248.81

Bereaved Parents / Families

Author; Title	Description	Location	Classmark
Kubler-Ross; On Children and Death	Study of dying children: their knowledge of death and how to help them and their families	N	248.81
Lager; Knowing Why Changes Nothing	Diary of a bereaved mother who lost her daughter suddenly	N	248.8
Mirren; Our Children -Coming to terms with the loss of a child; parent's own stories	Stories of bereaved parents to help guide and comfort others through the grieving process	N	248.81
Riches; An Intimate Loneliness: Supporting bereaved parents and siblings	Explores the impact of bereavement on family members and families and ways of supporting them	N	248.8
Schaper; Mature grief: when a parent dies	Explores the feelings of grief people may feel losing a parent as an adult and offers guidance	N	248.8

Bereaved Parents / Families			
Author; Title	Description	Location	Classmark
Schiff ;The Bereaved Parent	Explores the feelings a grieving parent may feel and guides them through the process of loss	N	248.8
Scrutton; Bereavement and grief: supporting older people through loss	For carers of older people	N	248.8
Smith; Interventions with Bereaved Children	Resource guide considering various ways of supporting children and families through their loss	N	248.81
Stokes; Then, Now and Always - Supporting children as they journey through grief: a guide for practitioners	A guide for child bereavement services to support children, their families and communities; has a chapter on suicide and death affecting a school	N	248.81
Storkey; Losing a child: Finding a path through the pain	Explores how a parent might feel and where to get help	N	248.8
The Compassionate Friends; Death and Bereavement	Booklets to give support to bereaved parents and their families	N	248.8
The Compassionate Friends; Guidelines For Those Working with Bereaved Families	Leaflets of information to help bereaved families	N	248.81

Bereaved Young Adults

Author; Title	Description	Location	Classmark
A Teenage guide to coping with bereavement	A very short guide to give help to teenagers struggling with bereavement	D	248.81
Steffes; When Someone Dies: Help For Young People Coping With Grief	For young people who are coping with the death of someone they are about. Gives advice on returning to school, seeing friends and how families change after a death	D	248
Weymont; Supporting Young People Coping With Grief, Loss and Death	For teachers and school workers to use in pshe and citizenship. Includes cd rom, photocopiable activities and leader's notes	D	248.81
Wallbank; Facing Grief: Bereavement and the Young Adult	Aimed at 18-28 year-olds, covers death of a family member and death of a friend, grief and where to get help	N	248.8

Books for Parents on Bereavement

Author; Title	Description	Location	Classmark
Grief Encounter: A workbook to encourage conversations about death between children and adults	Workbook to encourage conversations about death between children and adults	D	248.81

Books for Parents on Bereavement

Author; Title	Description	Location	Classmark
Heegaard; When Someone Very Special Dies	Workbook for children to work through to help them learn to cope with grief	D	248.81
Sunderland; Helping Children with Loss	Pack including a child's picture book and a guidebook to help adults to talk to children about death and loss	D	248.81
Couldrick; Grief and Bereavement: Understanding Children	What to expect from a child and how to help them	N	248.81
Farrant; Sibling Bereavement: Helping Children Cope with Loss	Explores the emotional effect losing a sibling has on children and the effects on the whole family	N	248.81
Hibbert; Matters of Life and Death	A handbook of information and ideas for schools, parents and children about bereavement and loss: how children understand and manage bereavement and loss and how to help	N	248.81
O' Connor; Children and Grief: Helping Your Child Understand Death	A resource full of ideas to help support children through the questions, emotions and struggles that death causes	N	248.81

Books for Parents on Bereavement

Author; Title	Description	Location	Classmark
Poust; Parenting a Grieving Child	Faith-based guide to help parents lead children through the grieving process	N	248.81
Wells; Helping Children cope with grief: Facing a death in the Family	For people wanting to help a child – covers terminal illness, unexpected death including suicide, death of a sibling, death of a parent and the long-term effects of bereavement on children	N	248.81
Wright; It's okay to cry	A parent's guide to help children through the losses of life (workbook also available)	N	248.81
Duffy; Children and Bereavement	Explores the needs of bereaved children of different ages, their reactions to death and stages of grief covering death of family members, friends, pets, sudden death, terminal illness and suicide	N & D	248.81
Walsh; Helping Your Child Through Bereavement	Booklet covering how children may react and feel and ways to help them understand and cope	N & D	248.81

Meditations/Bible Readings/ Poems on Bereavement

Author; Title	Description	Location	Classmark
Atwell; Remember	Bible readings	D	248.8
Benson; The Long Pale Corridor	Poems	D	248.8
Larcombe; Beauty from Ashes	Bible readings	D	248.8
Ricketts; Bid the World Good Night	Bible readings	D	248.8
When Caterpillars Fly	Poems	D	248.8
Zerah; As You Grieve	Readings from around the world	D	268.8
Freke; In the Light of Death	Meditations	N	248.8
The Compassionate Friends; Give Sorrow Words	Poems	N	248.8
The Compassionate Friends; Helping Each Other through the seasons of grief	Poems	N	248.8
Watson; Bereavement	Bible readings	N	248.8
Williams; When a loved one dies	Meditations to help with grief	N	248.8
Duffy; Stopping for Death: Poems of Death and Loss	Poems	N & D	267.4
Whitaker; All in the end is harvest: an anthology for those who grieve	Poems	N & D	248.8

Bereavement

Author; Title	Description	Location	Classmark
Alexander; Experiences of Bereavement	Gives advice for those who are bereaved, or supporting others	D	248.8

Bereavement

Author; Title	Description	Location	Classmark
Collick; Through Grief: The bereavement journey	For those who are grieving or for those who work with the bereaved	D	248.8
Gersie; Storymaking in Bereavement	Stories of the processes of grief with folk-tales. Also gives structures for readers to write their own stories	D	248.8
Herbert; Help in Your Bereavement	To help people cope with practical arrangements following a death and coping with grief	D	248.8
Idle; Living with Bereavement	Answers for those coping with grief. Includes bible passages	D	248.8
McCurley; Making Sense out of Sorrow: A journey of faith	To help readers cope with suffering and understand it in a spiritual context	D	248.8
Wallbank; The Empty Bed	For those coping with the death of a partner	D	248.8
Walsh; Living After a Death	For those who are facing the prospect of the death of a loved one, and those who are bereaved	D	248.8

Bereavement

Author; Title	Description	Location	Classmark
Alexander; Experiences of Bereavement	For people helping the bereaved; covers terminal illness, sudden death, death of a child and children's grief. Contains personal stories	N	248.8
Chapman; In Love Abiding: responding to the dying and Bereaved	Advice on how to help the bereaved	N	248.8
Death is only a horizon: thoughts in time of bereavement	Reflections on bereavement and the way it may affect people with prayers to support and encourage	N	248.8
Miller; Seasons of grief and healing: A guide for those who mourn	Explores feelings and experiences and has activities to help with grief	N	248.8
Murray; Personal Grief	Explores grief, what people may experience and where to get help	N	248.8
Rayner; Through grief: the bereavement journey	Description of the bereavement process for the bereaved and those supporting them	N	248.8
Rest in Peace: Guidance for when you have lost a loved one	Contains prayers and funeral advice	N	248.8

Bereavement

Author; Title	Description	Location	Classmark
Richardson; A death in the family: practical advice and comfort for the bereaved	Book with information on preparing for bereavement, what to do after death, grief and what people may experience; has a chapter on children	N	248.8
Tatelbaum; The Courage to grieve	For people grieving and those helping them; has a chapter on children's grief	N	248.8
Tugendhat; Living with loss and grief	Book about grief: what people may experience, and where to get help; has a chapter on children	N	248.8

The Religious Resources Centre is an independent charity that exists to promote and encourage religious learning by providing resources, information and training to support individuals, schools and churches.

Established in 1974, it is the North East of England's only specialist library of religious resources and is '**one library on two sites**' - in Durham and in Percy Main (part of North Shields & often referred to as the 'Newcastle' site).

Our members have access to our comprehensive stock which includes both practical and academic resources in a variety of media - books, videos, posters, artefacts and CDs.

The Resources Centre has an Anglican foundation but takes pride in its ecumenical and multi-faith approach to religious learning. Since its foundation the Resources Centre has been mainly funded by the 'St Hild and St Bede Trust'.

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